

GROUP NAME: Electric Company

This is an advanced road e-Bike group. Moderate to fast paced, hilly rides. Although the pace can be aggressive, we welcome all riders able to maintain our pace. Riders must register on the calendar for rides and, for safety reasons, the group for any ride will be restricted to no more than 9 riders. The goal of our ride group is to ride 100-120 miles per week. Rides will be 30-40 miles in length with an occasional longer ride. Elevation gain per ride will be approximately 1,800'-2,500'. We will usually have a midway coffee/food - Rest Stop. Our total elapsed time for our rides will approximately equate to 10mph (ie. 35 miles, 3 1/2 hours). Total elapsed time includes unforeseen stops, planned regroupings and breaks over the entire ride. We usually ride on Mon., Wed., and Fri. with start times dependent on weather/time of year. Check Event Calendar for more information. The route for each ride will be posted on the calendar. Cue sheets are always made available via the calendar and should be printed out and carried by each rider. Ride leaders: Bob Burns, 916-542-3959, sclhbob@gmail.com; Dave Sausen, 916-300-5395, dave.sausen@yahoo.com; Mike Connolly, 916208 4077, sierrahiker1@att.net