

**Group Name:** Chain Gang Lite

**Ride Level:** Intermediate

**Typical Distance:** 25 miles, 1,000 ft elevation

**Typical Pace:** 11 mph

**Description:**

2- 7 riders

Average ride distance 25 miles

Average speed 11.3 mph Average Elevation gain 1000 ft.

Some Hills

Ride back country roads

1 to 2 rest gather stops

Treats rest stop at end of ride

Winter start times 9:00 am

Summer start times 8:00 am

Rides MWF

**Ride Leader:**

Geoff Capell (408)893-5657 email: [4gtcapell@gmail.com](mailto:4gtcapell@gmail.com).