

Group Name: Tweeners

Ride Level: Intermediate / Advanced

Typical Distance: 25 to 35 miles, not exceeding 50 miles

Typical Pace: 13 to 15 mph

Description:

Moderately paced, hilly-ish rides. We are “no drop”, with regroupings after: (1) long climbs, (2) to assist riders with mechanical or safety problems, (3) at designated stops (restrooms, coffee, etc), (4) as otherwise necessary. Rides may stop at a coffee shop/ bakery or for a “debriefing” at Kilaga Café after. Routes are published on the website calendar for downloading to electronic devices or for riders to printout. Riders should be self sufficient and carry tire pump and/or CO2 inflator, extra tube(s), patch kit, rain gear, multi-tool, lights, extra batteries, water, and your cell phone with the ride leader’s number. Riders are also encouraged to carry ID and emergency contact info. Scheduled rides are generally M, W, F, but may be scheduled T/Th due to leader availability. Check ride calendar for times and ride details.

Ride Leader:

Tom Frady (916) 409-0836 email: TDfrady@sbcglobal.net

Ray Watkins (650) 759-3513 email: watkinsray5@gmail.com

Alan Whittaker (408) 431-9599 email: 10speed.colnago@gmail.com